

FAST Study

Do you suffer from asthma and have had two exacerbations in the last year?

This study is examining the clinical and cost effectiveness of temporarily quadrupling the dose of inhaled steroid to prevent asthma exacerbations. The aim of the clinical trial is to determine whether the proposed asthma self-management plan reduces asthma exacerbations requiring oral steroids or unscheduled healthcare consultations for asthma.

You may be eligible for this study if you are 16 years of age and over, are on a steroid inhaler regularly and have required oral steroids in the last year.

Please ask Sarah our Practice nurse for information or your GP.