

Home BP Study

This study is looking to recruit patients who are interested in using an online programme at home, designed to help people take better control of their blood pressure.

This will involve taking a week of home Blood Pressure readings every 2 months at home and entering the information onto an online programme. You will be supported in this by both the Practice Nurse (Pam) and your GP.

If you are known to suffer with a high blood pressure and are on medication and think you may be interested in participating then please ask Pam or your GP.