

Support Back2 – non-specific low back pain

Many people experience low back pain in their lifetime and it is a common reason for visiting your GP surgery. This study is an internet intervention aimed at providing reassurance, advice and support to self-tailor a 6 week intervention programme.

The study will then aim to evaluate both the clinical and cost-effectiveness of unsupported and supported intervention for low back pain. If eligible, patients will be randomised to receive one of the following; usual care, internet intervention or internet intervention and telephone physiotherapy support.

If you are 18years of age and older and have presented recently to your GP reporting low back pain, you may be eligible to participate in this trial.