

RENEWED - cancer

This is a study aiming to evaluate an online intervention offering lifestyle and wellbeing support for cancer survivors. The intervention has been developed using feedback from patients and healthcare professionals and provides modules for lifestyle (healthy eating; weight management; physical activity) and wellbeing (coping with emotional distress, reducing fatigue). The current project aims to evaluate the intervention for improving quality of life in cancer survivors, by a randomised control trial.

If in the last 10years if you have been diagnosed and treated for prostate, breast or colon cancer and are not being actively treated, you may have been eligible for this trial and received an invitation in the post.